



# Second Semester Begins

January has ended and the second semester is already over a week old.

The second semester brings lots of activities in the School Counseling and Guidance Office. The month of February brings course selection meetings between students, their parents and school counselors. It will be important to schedule a time with your counselor.

Students and parents should have already received a letter outlining course recommendations and the new online course request process that they will complete through their PowerSchool account. This process should be done before their scheduling appointment. Scheduling appointments are available

during the following windows.

**Class of 2013 February 6th—17th**

**Class of 2014 February 20th—March 9th**

**Class of 2015 March 12th—March 23rd**

**Class of 2016 March 26th -27th at BTMES, March 28th and 29th at BCEMS**

The second semester also brings more college planning activities, such as the spring college fair. Sophomores and Juniors are invited to sign up in the Guidance Office for the April fair. Be on the lookout for future announcements.

February brings the availability of the Spaulding In-House Scholarship Applica-

tion. This application will be available in the Guidance Office on February 13th. This will again be posted in the Spaulding High School announcements.

For seniors, the second semester of your senior year is just as important as any other semester that you completed already. Be sure to finish strong. Colleges and universities complete a final review of your transcript. You should also develop the habit of working hard to the end of any project that you start. For those still engaged in specific graduation requirements please be sure to work your hardest in those courses.

Best Wishes to a successful Second Semester.

## IN-HOUSE SCHOLARSHIP APPLICATION SOON AVAILABLE

Each year the Spaulding High School Scholarship Committee awards thousands of dollars in scholarships to graduating seniors.

Thanks to many generous individuals, Spaulding seniors can apply for these scholarships.

The In House Scholarship Application, along with the additional Dr. Reynolds and Ronald York Scholarship Applications will be made available to students on February 6th. **The applications are due in the Guidance Office no later than**

**May 1, 2012.**

Seniors attending a post secondary institution of any kind are urged to apply. For more information please feel free to contact Mr. Nicholson, the Scholarship Committee Chair. Contact him in the Guidance Office.

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### Special points of interest:

- *Be sure to get off to a good academic start for the second semester.*
- *Login to your Naviance/Family Connection account to explore your post high school options.*
- *Meet with your School Counselor at least a couple of times during the semester to discuss educational goals.*

## Spaulding Students Fill 50 Available Online Seats

Through a partnership with the Vermont Virtual Learning Cooperative, Spaulding students have access to a great deal of free online courses. With each Spaulding teacher that participates in this cooperative (opening their online class to other high schools in Vermont), Spaulding is awarded twenty five seats to a variety of high school classes. At the present time Spaulding students are using all fifty available seats in a variety of courses.

Thanks to Mr. McSweeney and Mrs. Brennan, students can participate in classes that range from standard English and Math classes, to a large variety of electives, such as Sports and Entertainment Marketing and Web Design, AP Microeconomics and AP Government and Politics.



Paul Lenahan, Nicholas Hebert and Morgan Keene work on their online courses during 4th Block

It is important to note that VTVLC online courses are available for Spaulding students outside of a fully scheduled term. For instance, there is a student who has a full schedule, but cannot fit a course into their schedule or simply wants to take a class that is not offered at Spaulding. He

or she could be a candidate for a course through VTVLC. There is a procedure for registering for one of these courses. Be sure to see your School Counselor to gain more information and receive the proper forms for enrolment.

It is important to understand that online learning is not easier than participation in the classroom. It takes a certain type of student. This is an excellent resource for our students, but remember that it takes dedication and hard work.

For more information about the Vermont Virtual Learning Cooperative please visit their website and be sure to see your School Counselor.

Spaulding High School plans on continuing online learning options for 2012-2013.

## Other Experiences and Educational Opportunities

The Spaulding School Counseling and Guidance Department often receive notices about a wide variety of learning experiences from many different programs.

These experiences can range from a Forensics Workshop at Norwich University to a National Essay Contest.

The Spaulding High School and Counseling Department makes every effort to notify

students and families about these opportunities. Please be sure to view Spaulding's Daily Bulletin and Announcements. The announcements can be found on your Power School Account.

These opportunities are often emailed to parents and students as well. Be sure to take the time to

view all emails from the School Counseling and Guidance Department. Also be sure to view the opportunities in the **What's New** section on your Naviance Account. This can be found on the right hand side of your Naviance home page.

**CHECK OUT WHAT'S NEW**  
*Look on the right hand side of  
your Naviance Account*

## School Counselors Return to Wellness Classes

Just as they did in the first semester, School Counselors will work with Mrs. Carpenter's and Mrs. Lynn's second semester Wellness classes to introduce them to their Naviance/Family Connection account. This completes the task of introducing and registering freshman into this school counseling resource.

In the Wellness class, the freshman will complete the Personality Inventory. This

simple inventory provides the student with a breakdown of their personality. It then takes that information and provides some potential career choices that match their personality. In turn the program ties the career into specific training/majors, as well as post secondary institutions that offer those spe-



Mr. Nicholson orients freshmen Wellness students to their Naviance accounts.

cific majors.

Students can use these results to set career goals and influence their high school academic performance.

All students should continue to use their Naviance account on a regular basis during their Spaulding High School experience.

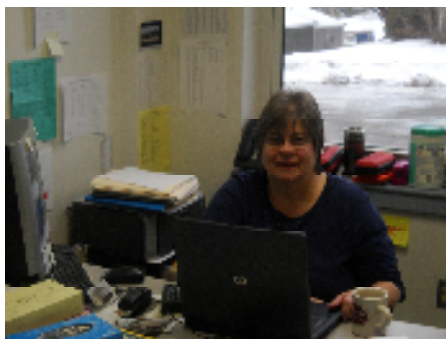
# Spaulding's School Psychologist Provides Many Services

The School Psychologist at Spaulding High School contributes a great deal in providing services to students.

Jayne Parker, a Licensed School Psychologist contracted from Washington County Mental Health is located in the Special Services Office. One of Ms. Parker's roles is to sit on the EST (Educational Support) Team, offering input on student issues, providing screenings for possible learning disabilities, emotional issues, and other factors that might be impacting a student's success in high school.

Ms. Parker will also help create safety plans around students who might be a possible danger to themselves or others.

Her primary job responsibilities are



her involvement in Special Education and 504 determinations. As part of a team process, Ms. Parker uses a variety of diagnostic tools, which can help determine if a student has an impairment, and if that impairment significantly impacts a student's ability to access education.

Ms. Parker is available to field questions or concerns from students and parents. She can be contacted by call 479-1451 ext. 1141 or by email [jparkshs@u61.net](mailto:jparkshs@u61.net)

## SAT and ACT TEST DATES

### SAT TESTING REGISTRATION

March 10th, 2012 Test  
Regular Deadline February 10th  
Late Deadline February 24th  
May 5th, 2012 Test  
Regular Deadline April 6th  
Late Deadline April 20th  
June 2nd, 2012 Test  
Regular Deadline May 8th  
Late Deadline May 22nd

### ACT TESTING REGISTRATION

April 14th, 2012 Test  
Regular Deadline March 9th  
Late Deadline March 23rd  
June 9th, 2012 Test  
Regular Deadline May 4th  
Late Deadline May 18th

*Use the SAT and ACT Registration links on your Naviance Account. Look for them on the left hand side of your Naviance home page.*

Be Sure to take advantage of the free SAT and ACT practice tests. [Link to these via your Naviance Account.](#)

## AP TESTING DATES

All students enrolled in AP courses are required to take the AP Exam for that course. The following dates and times have been released by the College Board.

**AP Calculus AB**—Wednesday May 9th @ 8am at the Barre Elks Club

**AP Calculus BC**— Wednesday May 9th @ 8am at the Barre Elks Club

**AP English Literature and Composition**— Thursday May 10th @8am in Room 136 at the

Barre Technical Center

**AP United State History**—Friday May 11th @ 8am in Room 136 at the Barre Technical Center

**AP Biology**—Monday May 14th @ 8am in Room 136 at the Barre Technical Center

**AP English Language and Composition**— Wednesday May 16th @ 8am at the Barre Elks Club

**AP Psychology**—Monday May 7th @ 12pm in Room 136 at the Barre Technical Center

**AP Spanish Language**—Tuesday May 8th @ 8am in the SHS Administrative Conference Room

**AP Statistics**—Wednesday May 16th @ 12pm in Room 136 at the Barre Technical Center

If you have any questions regarding the AP exams please see your AP instructor or Spaulding High School's AP Coordinator, David Nicholson.

SPAULDING HIGH SCHOOL  
GUIDANCE DEPARTMENT

155 Ayers Street  
Barre, Vermont 05641-4300

Phone: 802-476-6411

Fax: 802-479-4535

E-mail: dnichsh@u61.net

[www.shsbtc.org](http://www.shsbtc.org)

Philosophy

Counseling is the art of helping people help themselves. We believe that an effective school counseling program is one that: serves all students, is preventative in nature, has active staff involvement, provides crisis intervention, and offers short-term counseling.

Vision Statement

The SHS school counselors see and believe in each individual student's ability to reach their utmost potential. We communicate this belief to students through our unconditional acceptance, compassion, caring, and commitment to support each student during the course of their high school years (and sometimes beyond). This support will be unwavering, regardless of a student's socio-economic background, sexual orientation, family circumstances, failures or successes, individual challenges or conflicts, health issues or crises.

Mission Statement

The mission of the Spaulding High School Counseling program is to provide a comprehensive, developmental program designed to be an integral part of the school addressing the academic, emotional and social needs of our students.

*School Counselors are devoted to the promotion of well-being for all students and the encouragement of all students to be life-long learners.*

## Thoughts From A Counselor

Last Fall I traded in my Blackberry and started using an iPhone. Before I had even left the Verizon Wireless store in Essex Junction, my ten year old son had downloaded/purchased a Battleship App. Needless to say he will be paying the .99 cents download charge.

For me this experience says it all in regards to youth and technology. Many of them, including elementary aged students are well along in their understanding and use of technology.

In the School Counseling and Guidance Program, I have tried to use my limited technology experience in helping students and parents be more informed, simplify tasks, and have easy access to pertinent information.

One example of this are more applications in PowerSchool, such as teachers entering recommendations into Power School, students requesting courses through Power School with

the ability to view teacher recommendations. Future PowerSchool applications will include all historical grades and graduation progress. I encourage all students and families to utilize the upcoming registration process through PowerSchool to continue our forward technological progress. Another example of the Departments effort to utilize technology is all students having Naviance Accounts. This program provides the Department the ability to

provide beneficial career counseling tools, links to important educational web sites, the ability to email both to individual students as well as mass emails to the entire student body, electronic transmission of transcripts, college search engines, and a host of other helpful applications.

Both PowerSchool and Naviance have increased the School Counseling Department's efficiency, communication, as well as decreasing printing costs and being environmentally friendly. Please continue to utilize both of these tools.

David Nicholson, M.A.

